

“Jesus Scourged at the Column”...



FROM THE GOSPEL ACCORDING TO – MARK - :

“Pilate, wishing to satisfy the crowd, released Barabbas to them and, after he had Jesus scourged, handed him over to be crucified.” (Mark 15:15)¹

MEDITATION ON THE MYSTERY:

Let us endure the wicked tongues of others, even if they continually “whip” or “scourge” us behind our backs without any motive; and let us endure them with love, in the hope that (together with us) they may convert and live. (cf. SLC, p. 29)

FROM THE TEACHINGS OF THE CATHOLIC CHURCH:

- In regards to the whip of the tongue and slander, St. Anthony of Padua says: *“Alas! How many religious nowadays abstain from eating meat, yet rend their brethren with the teeth of detraction? ...St. Bernard says, ‘...The tongue of a detractor is a triple blade, for it slays three people at one blow’ – that is, the speaker, the listener, and the one spoken against, when he hears what has been said.”*

(ST. ANTHONY OF PADUA, *Sermons*, 1st Sunday after Pentecost, III, 14, translated by Paul Spilsbury, <https://d2y1pz2y630308.cloudfront.net/15471/documents/2016/10/St.%20Anthony%20of%20Padua-The%20Sermons%20of%20Saint%20Anthony.pdf> [accessed 2 August 2021])

¹ NABRE (USCCB)

FREE AND PERSONAL MEDITATION

(for a personal contribution to give to those who listen) :

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Then follows ...

- 1 Our Father ...
- 5 Hail Mary ...
- 1 Glory be to the Father ... (Sung)

- Praised be,,,
- O my Jesus, forgive us...
- Mary, Queen of Peace ...
- Then, a quick song relevant to the mystery / or one sings : “ Aveeeee, Aveeeee, Ave Maria”

Then one goes on to the next Mystery which (like this one) if possible must not take more than 5-7 minutes ...